

Bury People First



Speaking up  
Speaking out

# Bury People First Newsletter Spring 2015

## Welcome Back

We would like to welcome Hamaira Ashraf Haroon who is back from maternity leave.

I am working as a Support Worker. I am supporting members at Bury People First. I work Monday, Tuesday and Wednesday.

I am really happy to be back and I have missed everyone very much. I look forward to working with you all.



## What else is in this newsletter

Page 2	Looking Forward Forum
Page 2	Get My Vote Workshop
Page 3 and 4	Hate Crime Work
Page 4	Health Watch
Page 5	Woodbury and The Green
Page 6	Have a Go sessions
Page 7	'Thumbs Up' Award
Page 7	Sponsored Walk
Back Page	What is next



## Looking Forward Forum



Looking Forward Forum is a new group that was set up by the Learning Disability Partnership Board. It is supported by Bury People First and Outreach Community and Residential services.

We meet once a month to look at different issues that affect members of the group.

We had our first meeting in May 2014. We have looked at various issues such as Day Services, Ring and Ride, Health Watch and Dental Hygiene.

## Get My Vote Workshop



This workshop was run by Bury People First and Mencap.

The workshop was to help people get information about how politics affects them and how the government works. We looked at how to get involved and how to vote.

Gary Hart the Parliament Outreach Officer came to talk with us. He told us about how the Parliament and the Government works.



We said what we wanted the new government to do when they are elected in May this year  
We said houses and police were important things

## Hate Crime Day



We recently went to Broad Oak Sports College and Tottington High School to talk to Year 7 and Year 8 pupils about Disability Hate Crime.

We talked about how being bullied can affect people with learning disabilities.

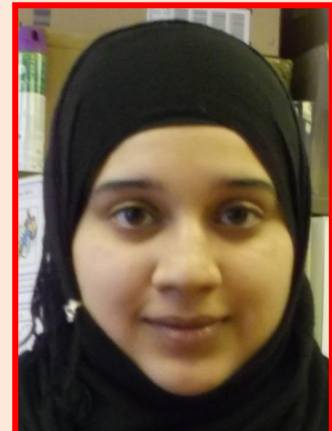
The team that did this work was Hamaira, Karen MacDonald and Chris Blunt



**Christopher Blunt**



**Karen**



**Hamaira**

## Hate Crime Conference

We recently ran some workshops at the Hate Crime Conference. It was organised by Lesley Davidson from Bury Council. The conference was on Friday 13<sup>th</sup> February at Bury Town Hall.

We talked about Bury People First and our Disability Hate Crime Days.

The team that did this was Catherine Mercer, Julie Howarth, Hamaira and Chris Sullivan.



It was very good and our workshops were well attended.

We met lots of people and I hope they do this event again.

## Greater Manchester Police Hate Crime Event



We took part in the Greater Manchester Police Hate Crime Day. This was an opportunity for Hate Crime Reporting Centres to discuss the way forward and receive appreciation for the work over the last few years

Chris Blunt, Catherine Mercer and Chris Sullivan went to the event. They received a certificate from the Mayor called Michelle Wiseman.

## Health Watch Bury

**healthwatch**  
Bury



Contact Healthwatch if you would like someone to make a presentation or speak to your group.

[info@healthwatchbury.co.uk](mailto:info@healthwatchbury.co.uk)  
3 Manchester Rd  
Bury BL9 0DR  
0161 253 6300  
[www.healthwatchbury.co.uk](http://www.healthwatchbury.co.uk)

**Healthwatch Bury** is a new, independent organisation that helps people speak up about health and social care. Independent means we are not part of the government or the NHS.

- **Monitoring** – monitoring services such as day centres, GP's etc.
- **Listening** - listen carefully to users of health and social care
- **Partnership** - work in partnership
- **Critical friendship** - we celebrate service improvement and speak out when things go wrong.
- **'Enter and View'** – we have the power to carry out visits, acting on behalf of local people.
- **Evidence** – provide evidence and feedback
- **Signposting** – provide information and give advice when things go wrong

## Woodbury Respite Service



**This is what Woodbury looks like**

The new Respite Service is now open in Whitefield.

The Respite service is where people can stay for a short time. There will also be a bed in case of family emergencies.



Bernie Gaffney has recently spent some time at the new Woodbury centre. Bernie told us that it is a lovely place and the food is really nice

## The Green



**Above is how The Green looks**

The Green is a new Day Services facility in Clarence Park. The Outreach group based at the Seedfield Centre has moved to the Green.

There is a cafe there as well that is now open. There is an opportunity for people to get some work experience there.

People are also able to play bowls there and hire the equipment they need.

Bury People First went to the open day and it was great.

## 'Have a Go' Sessions

The 'Have a Go' sessions promotes healthy lifestyles. We gather information about different activities. People get the chance to try out new things.

**Here are some of the things we have been doing recently**



We went snow tubing in December



Luke Stefanuik giving us a thumbs up whilst snow tubing

More recently we took part in the Armchair Aerobics at Sunny bank Community Centre



In January we had a planning meeting for 'Have a Go' sessions. We looked at all the activities people would like to do this year. We had some great suggestions.

Keep your eyes peeled on our flyers to see what is on this year.



**If you need any information on the activities we take part in let us know and we can get some to you.**

**We can let you know things like**

- opening times,
- how to get there
- the cost

## 'Thumbs Up' Award



We have been working with the Learning Disability Team at Windsor house to assess different health services providers. We assess how good health services are at accommodating people with different needs. The services that have been doing very well have gained a 'Thumbs Up' award.

So far we have given a 'Thumbs Up' award to:

- Community Eye Service at Radcliffe Primary Care Trust
- Audiology Department at Fairfield Hospital



Jon Brocklehurst presenting the Community Eye Service with the 'Thumbs Up' award.

## Sponsored Walk



We would like to congratulate Sean O'Keefe for completed a sponsored walk.

He walked up 3 hills with support from John Walker. They were Peel Tower at Holcombe Hill, Jubilee Tower at Darwen and Rivington Pike Tower.

To date Sean has raised £112 and has donated it to the 'Have a Go' sessions.

So a big Thank you to Sean.

## What is next?

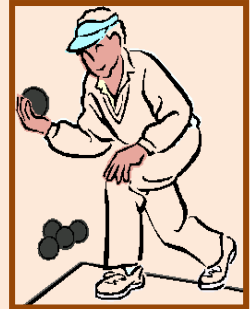
### 'Have a Go' sessions



In the next few months we are going to be doing

- Aqua Aerobics
- Crown Green Bowling

If you fancy having a go then get in touch and let us know



### AGM

We will be having our AGM on the 28<sup>th</sup> April at the Bridge Methodist Centre in Radcliffe.



### Gardening Group



The gardening group that is run by Contact will be starting up again in March.

If you would like to join the gardening group you will have to call Maria at Contact on 0161 763 6471

### Looking Forward Forum



In the next few months we will be looking at the following topics in our meetings:-

- Jigsaw/Contact to talk about social activities
- Relationships/Friendships
- Learning Disability Partnership Board

## Bury People First

Suite 2, Fernhills Business Centre, Todd Street, Bury, BL9 5BJ

0161 764 9840

Email: [admin@burypeoplefirst.co.uk](mailto:admin@burypeoplefirst.co.uk)

Website: [www.burypeoplefirst.co.uk](http://www.burypeoplefirst.co.uk)

